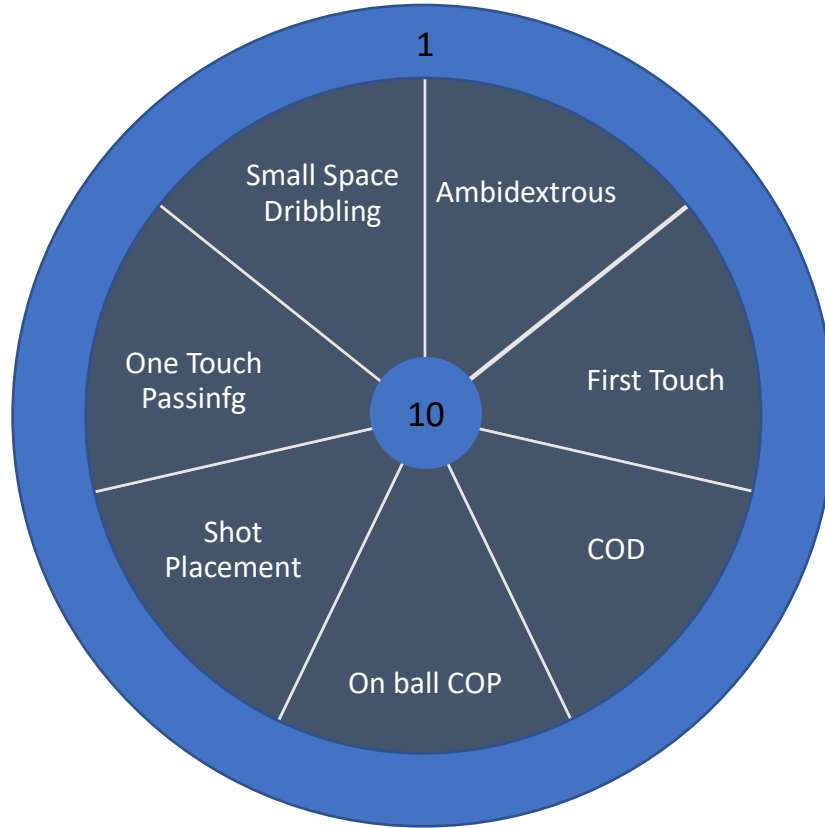


# Mental Markers



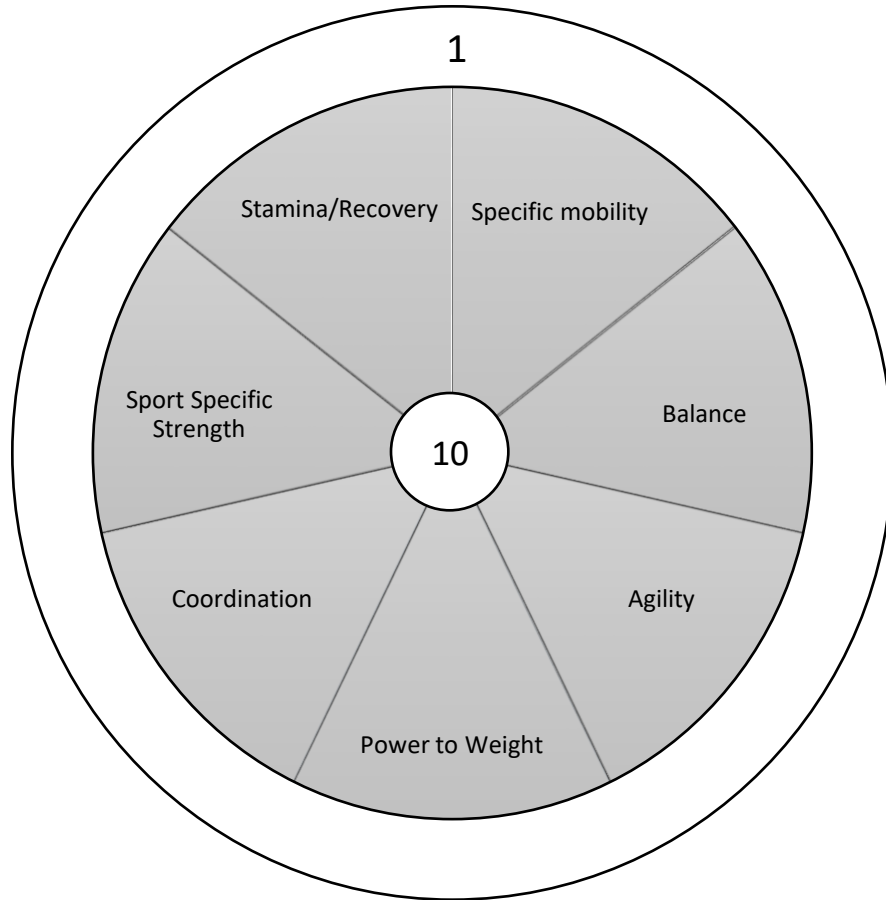
| Mental           | Standard    | Current |
|------------------|-------------|---------|
| Focus            | CR7         |         |
| Confidence       | Ibra        |         |
| Awareness        | Xavi        |         |
| Processing Speed | Messi       |         |
| Presence         | Mike Tyson  |         |
| Resilience       | Kobe Bryant |         |
| Decisions        | Iniesta     |         |

# Technical Markers



| Technical      | Standard                          | Current |
|----------------|-----------------------------------|---------|
| Ambidextrous   | Equal                             |         |
| First touch    | Glue                              |         |
| COD            | No wasted movement                |         |
| On ball COP    | Stride and control at 10          |         |
| Shot placement | 10 for 10                         |         |
| One touch      | Consistent weight + on the ground |         |
| Small Space    | Thiago Level 10                   |         |

# Physical Markers



| Technical               | Standard           | Current |
|-------------------------|--------------------|---------|
| Specific mobility       | Gymnast            |         |
| Balance                 | Cat                |         |
| Agility                 | Tyreek Hill        |         |
| Power to Weight Ratio   | 40" vertical       |         |
| Coordination (footwork) | Mayweather         |         |
| Sport specific strength | 250% BW Deadlift   |         |
| Stamina/recovery        | Sub-9 min 1.5 mile |         |